

Panel Discussion: Strategic Wisdom for Challenging Times. Tuesday, February 23, 10:30 AM-12:00 PM, Foundation Center Open House, 312 Sutter St. at Grant, San Francisco. Free.

RSVP NOW:

http://foundationcenter.org/sanfrancisco/training/wksf_openhouse10.html

Just

click on the workshop name to register.

Panelists: Charlie Fernandez, Consultant, TCC Group; **Jan Masaoka**, Director and Editor-In-Chief, Blue Avocado; **Stephanie Roth**, Trainer and Consultant; moderated by **Lisa Hoffman**

Description: How can the nonprofit community address the ongoing economic downturn realistically, intelligently and strategically? How can not-for-profit organizations and their boards move forward in ways that handle the current challenges and strengthen groups for the long haul? What kind of fundraising approaches and strategies make the most sense as we emerge from the Great Recession facing a very different funding landscape? Please join our panel of seasoned professionals, authors and thought leaders to explore these issues and more in a wide-ranging discussion that promises to be dynamic, practical and inspiring.

Workshop: Major Gifts Tuneup. Friday, February 12, 12 noon-1:30 PM, DR Lunch Program, Lighthouse for the Blind, 214 Van Ness Ave., San Francisco. \$12 members, \$20 nonmembers.

Description: Whether your major gifts vehicle has been on the road for a while, is new, or is on the drawing board, a tuneup is always useful. Join Lisa Hoffman for looking at core success factors, and how they apply to any sized major gifts program.

Workshop: Mindful Communication in the Workplace. Thursday, May 13, 5:30 PM-7:30 PM, Sustainable Conservation, 98 Battery St., Suite 302. Limited to 15 people; \$35 advance, \$40 "at the door."

Description: How many times have you found yourself, at work, or in your personal life, saying something in anger or frustration that you later regret? What do you do in a challenging relationship with someone who "pushes your buttons" to the point where you're tongue-tied, or the words pour out of you so fast that it charged situation becomes much worse? We will explore cultivating mindfulness, intention and applying it to communication and relationships in this interactive and practical workshop.

Registration note: If you would like to register early, please address and mail your check to Lisa Hoffman, 255-A Downey St., San Francisco 94117, or use PayPal: www.PayPal.com

Workshop: Rebuilding Your Board. Wednesday, June 16, time TBD, Fundraising Day, Marriott Hotel, San Francisco; for more information click on this link:

http://afpgoldengate.afpnet.org/FRD/FRD_home.aspx

Description: How can a board that doesn't fundraise be reconstituted? How can a board that doesn't understand the difference between micromanaging and governance be focused? Explore how to address these and other issues that involve rebuilding your board in a variety of ways in this interactive and fast-paced workshop.

Workshop: Fearlessly Facilitating Difficult People. Thursday, June 24, 10:00 AM -12:00 PM, Foundation Center, 312 Sutter St. at Grant, San Francisco. Free.

Description: Do you participate in meetings with hijackers, obstructionists, the overly-analytical perfectionist who creates a gerbil wheel of endless discussion, or some other difficult person? In this workshop, we will learn and practice how to meet challenging personalities with grace and firmness, as well as ways to plan and structure meetings to aid in dealing with troublemakers.

Panel: More Champion Board Chairs. Wednesday, November 10, 5:30 PM-7:30 PM, Foundation Center, 312 Sutter St. at Grant, San Francisco. Free.

Panelists: TBA

Description: Join us for further tips and insights from effective board chairs who build teams and provide fundraising leadership. We will explore the nature of effective board chair leadership, how board chairs can motivate board members to fundraise, handling difficult board member and board meeting dynamics, effective board-staff relationships. The first hour will be general discussion and the second hour will be breakout groups.

Nonprofit Meditation Group. Please join the Awakening Heart Sangha on the last Tuesday, 6 PM-7:30 PM each month at Sustainable Conservation, 98 Battery #302, at Bush.

New Year's Intention Ceremony. Tuesday, January 26 group; we will explore the topic of intention and then have a ceremony to articulate and honor our intentions for 2010. If you join us, please bring an item for our altar that symbolizes your intention.

General info: join us if you work or volunteer for a nonprofit, or if you simply want to explore and practice mindfulness as it applies work, home, communication, our everyday lives. Please feel free simply to show up, or e-mail me, or call at 415-759-0476 if you want more information. And, do let me know if you would like to be on our e-mail list.